

For further reading...

- Carley, A. (2012). Can journaling provide support for NICU families? *Journal for Specialists in Pediatric Nursing*, 17(3), 254-257.
- Davidson, J. E. (2010). Facilitated sensemaking: A strategy and new middle-range theory to support families of intensive care unit patients. *Critical Care Nurse*, 30, 28-39.
- Dudek-Shriber, L. (2004). Parent stress in the neonatal intensive care unit and the influence of parent and infant characteristics. *American Journal of Occupational Therapy*, 58(5), 509-520.
- Egerod, I., Storli, S. L., & Akerman, E. (2011). Intensive care patient diaries in Scandinavia: A comparative study of emergence and evolution. *Nursing Inquiry*, 18 (3), 235-246.

For further reading...

- Jubinville, J., Newburn-Cook, Hegadoren, K., & Lacaze-Masmonteil, T. (2012). Symptoms of acute stress disorder in mothers of premature infants. *Advances in Neonatal Care*, 12(4), 246-253.
- McGihon, N. N. (1996). Writing as a therapeutic modality. *Journal of Psychosocial Nursing & Mental Health Services*, 34 (6), 31-35.
- Morey, J. A., & Gregory, K. (2012). Nurse-led education mitigates maternal stress and enhances knowledge in the NICU. *MCN*, 37 (3), 182-191.
- Shaw, R. J., Deblois, T., Ikuta, L., Ginzburg, K., Fleisher, B., & Koopman, C. (2006). Acute stress disorder among parents of infants in the neonatal intensive care nursery. *Psychosomatics*, 47 (3), 206-212.

For further reading...

- Smyth, J. M., & Pennebaker, J. W. (2008). Exploring the boundary conditions of expressive writing: In search of the right recipe. *British Journal of Health Psychology*, 13, 1-7.
- Subhami, M. T., & Kanwal, I. (2012). Digital scrapbooking as a standard of care in neonatal intensive care units: Initial experience. *Neonatal Network*, 31(3), 162-168.
- VanRiper, M. (2001). Family-provider relationships and well-being in families with preterm infants in the NICU. *Heart & Lung*, 30 (1), 74-84.
- Wong, B. D. (2003). *Following Foo: The electronic adventures of the chestnut man*. New York: HarperCollins.

- <http://www.youtube.com/watch?v=9rdcso5cpN8>
- Richard Atkinson, Hospital, A Symphony of Sounds. V: the ICU)